

SENIOR HEALTHCARE CENTERS

Palliative Care Checklist

Palliative Care is an approach which improves the quality of life of patients and their families facing chronic and/or serious illness, through prevention, assessment, treatment of pain, and other physical and psychosocial problems.

If you or someone you know can benefit from a Palliative Care approach, Senior Healthcare Center staff is here to help. We can provide education, resources and support. The following checklist will help you organize and plan ahead.

Our goal is to help you identify those supports you can use to enhance your quality of life.

I NEED INFORMATION ABOUT:

- Palliative Care /Transitions/Hospice care continuum
- Patient supports
- Counseling
- Caregiver supports
- Continuum of care – (placement, help at home, respite, etc)
- Advance directives (living will, healthcare durable power of attorney, etc)
- Legal issues
- Financial issues
- Community resources

SENIOR HEALTHCARE CENTERS Palliative Care Resources

- Center for Advanced Palliative Care: Get Palliative Care
<http://www.getpalliativecare.org>
- Elder Law Answers
<http://www.elderlawanswers.com>
- Haven Hospice Transitions Program
<http://havenhospice.org/transitions.aspx>
- Institute of Aging
www.nia.nih.gov
- National Hospice and Palliative Care Organization (NHPCO)
<http://www.nhpco.org/>