



Because We Care for Caregivers. Because We Understand.

The Senior Healthcare Centers invite **YOU**, the caregiver, to our **Caregiver Connection Groups**. Groups are facilitated by experienced and knowledgeable staff. You will learn about self-care, stress-reduction techniques and available community resources. We look forward to meeting you at one of our next groups.

Senior Healthcare Center at Springhill

- Third Tuesday of every month from 2:30 p.m. – 4:00 p.m.
- 3720 NW 83rd Street, Gainesville, FL 32606
- Call 352-336-3050 for more information.

Trinity Episcopal Church

- Fourth Tuesday of every month from 1:00 p.m. – 2:30 p.m.
- 204 State Road 26, Melrose, FL 32666
- Call 352-475-3792 for more information.

The Village

- Second Thursday of every month from 1:30 p.m. – 3:00 p.m.
- 8000 NW 27th Boulevard, Gainesville, FL 32606
- Call 352-872-5332 for more information and campus location for the group.
- **Please Note:** This group is for caregivers of The Village residents only.

For more information, please visit www.seniorprimarycare.com.

 SENIOR
HEALTHCARE CENTERS

NORTH FLORIDA REGIONAL HEALTHCARE